



Increasing Access to Quality Healthcare for People with Disabilities: A Co-Designed Educational Curriculum for Family Medicine Residents

Mini Module: Caregiver Mental Health Content from Module 3: Mental and Behavioral Health

References

- 1. Anderson L, Hewitt A, Pettingell S, Lulinski A, Taylor M, Reagan J. Family & Individual Needs for Disability Supports (FINDS) Community Report. The Arc; 2018.
- 2. Got Transition. For Parents and Caregivers. Accessed May 8, 2025. https://gottransition.org/parents-caregivers/
- 3. Got Transition. Youth & Young Adults. Accessed May 8, 2025. https://gottransition.org/youth-and-young-adults/
- 4. Ontario Caregiver Organization. Caring for the mental health of caregivers [Video]. YouTube. https://www.youtube.com/watch?v=f3ywtOOINQw. Published August 6, 2019. Accessed May 5, 2025.
- 5. Barratt M, Lewis P, Duckworth N, et al. Parental Experiences of Quality of Life When Caring for Their Children with Intellectual Disability: A Meta-Aggregation Systematic Review. J Appl Res Intellect Disabil. 2025;38(1):e70005. doi:10.1111/jar.70005
- 6. The Global Tracheostomy Collaborative. Join the GTC. Accessed April 22, 2025. https://members.globaltrach.org/join-us
- 7. Association for Autism and Neurodiversity. Support Groups. Accessed April 22, 2025. https://aane.org/services-programs/group-services/support-groups-community-connection/
- 8. Parents Helping Parents. Parents of Adults with Developmental Disabilities. Accessed April 22, 2025. https://www.php.com/parents-of-adults-with-developmental-disabilities/
- 9. Department of Human Services, Commonwealth of Pennsylvania. Adult Protective Services. Accessed April 15, 2025. https://www.pa.gov/agencies/dhs/report-abuse/adult-protective-services.html
- 10. Smart911. Accessed May 8, 2025. https://smart911.com/
- 11. National Task Group on Intellectual Disabilities and Dementia Practices. Caregiver and Family Support Programs for ID and Dementia. Accessed May 8, 2025. https://www.thentg.org/family-caregivers

12. Perkins EA. My Health Passport for Hospital/Clinic Visits. Florida Center for Inclusive Communities. 2011. Accessed May 8, 2025. https://www.poac.net/resources/my-health-passport/

The Pennsylvania Developmental Disabilities Council is supported by the Administration for Community Living (ACL), U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$3,025,222.00 with 100 percent funding by ACL/HHS. Council efforts are those of the grantee and do not necessarily represent the official views of, nor an endorsement, by ACL/HHS, or the U.S. Government.

Copyright © 2025 Thomas Jefferson University and Pennsylvania Developmental Disabilities Council. Permission to reprint, copy and distribute this work is granted provided that it is reproduced as a whole, distributed at no more than actual cost, and displays this copyright notice. Any other reproduction is strictly prohibited.